

## **Covid -19 Information, support and emotional well-being**



### **City of Wolverhampton Council - Coronavirus Advice and Information**

#### [Coronavirus advice and Information](#)

If you are experiencing financial hardship and you need help, please view Financial support and guidance at [Stay Safe and Be Kind](#)

You can also email: [wrs.covid19@wolverhampton.gov.uk](mailto:wrs.covid19@wolverhampton.gov.uk) or call 07966 292321.

#### [Local Offer - Coronavirus Advice](#)

#### [City of Wolverhampton Council Educational Psychology Service](#)

The City of Wolverhampton Council Educational Psychology Service supporting children, families and schools during the Covid-19 pandemic. The link below provides an overview of support that you can access and resources available online.

#### [Coronavirus Advice and Support for Families](#)



[Wolverhampton Outreach Service](#) advice on how to support your child with Special Educational Needs or Disabilities (SEND) in learning at home. [Home Learning Page](#).

#### [School to home transition strategies](#)

#### [Dyslexia home learning backgrounds](#)



To keep up to date with the latest information, please visit [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)

## Support for home schooling and parenting



[Bitesize Support](#) pages

SEND (special educational needs and disabilities) resources, activities and support to help you and your family during lockdown. Take a look at the [Parents Toolkit SEND](#) and the



[The Den](#) - A virtual den to support parents and children during lockdown.



Action for Children [Home Schooling Tips](#)



[How to support children with sensory needs at home](#)



Keeping Calm and Providing Supportive Parenting During the Coronavirus. [Articles for Supportive Parenting during the Coronavirus Pandemic](#)



[Top tips for learning at home with your child](#)

[Caring for your child's hearing aids at home](#)



[Coronavirus \(COVID-19\) advice and support for parents and carers](#)



[Restorative Thinking and Positive Relationships: preventing and managing conflict](#)

## Emotional well-being



[Childline](#) - A free, private and confidential service where you can talk about anything. [Find out how to stay calm in the Childline Calm Zone](#)



[Information & support about coronavirus and your wellbeing](#)



[Coronavirus advice and mental health support](#)



Seven steps to looking after your wellbeing while staying informed.

[Coronavirus is affecting my mental health - what can I do?](#)



[Think Ninja](#) - specialist online provider of mental health and neuro-developmental services.

[The Think Ninja page](#) has updated self-help knowledge and skills to children and young people (10-18 years old) who may be experiencing increased anxiety and stress during the crisis.



[KOOTH](#) - [Online support](#) for young people



[NHS](#) - Advice on Coronavirus

[NHS - Coronavirus Covid-19 Conditions](#)

[NHS - Coronavirus Resources](#)

[NHS](#) - [Mental Well Being while staying at home](#)

## Family resources



Information for families with Disabled Children. [All the most important information you need in one place.](#)



[Council for Disabled Children](#) - COVID-19 Support and Guidance. [A list of resources and guidance about coronavirus](#) to share with parent carers, children & young people and education, health and social care practitioners.



[Coronavirus Advice and Support](#)



[Zebra Access](#) providing support for deaf and hard of hearing people.



[Challenging Behaviour Foundation](#) - Supporting the lives of people with severe learning disabilities - Free [Information sheets and dvds online](#)



[Resources for autistic people of all ages](#)



FAQs about coronavirus and your employment rights, and what [Financial advice and Support](#) might be available